

Optimal is a nutritional supplement designed to provide a spectrum of vitamins and minerals at optimal levels.**

Supplement Facts

Serving Size 2 capsules
Servings per container 50

	Amount Per Serving	% Daily Value+	Amount Per Serving	% Daily Value+
Vitamin A	5,000IU	100%	Chromium	300mcg 250%
Vitamin B ₁	10mg	666%	Iodine	150mcg 100%
Vitamin B ₂	10mg	588%	Iron	20mg 111%
Vitamin B ₃	30mg	150%	Zinc	20mg 133%
Vitamin B ₅	15mg	150%	Manganese	10mg 500%
Vitamin B ₆	100mg	5000%	Potassium	36mg 1%
Vitamin B ₁₂	100mcg	1666%	Molybdenum	200mcg 266%
Vitamin D	500IU	125%	Selenium	200mcg 285%
Biotin	300mcg	100%	Sulfur	34mg ++
Folate	600mcg	150%	Boron	3mg ++
Copper	4mg	200%	Vanadium	2.5mcg ++

+ Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. United States Recommended Daily Allowance as determined by the National Academy of Sciences (NAS) and the National Research Council (NRC).

++Daily Value not established

OPTIMAL™

Foundation Formula



Made in USA

Vita-Mineral Mix
Dietary Supplement
100 Capsules ~ 625 mg each

Suggested Dosage: One capsule twice daily provides an "insurance formula" to compensate for those micronutrients which may not be present at optimal levels in the diet on any given day. For best results, Optimal should be used as a part of the Wysong Optimal Health Program™*

For long-term usage discontinue two days out of every week and five successive days every month to decrease intolerance potential.

- CONTAINS NO ADDITIVES -

Optimal is provided in vegetable capsule form to eliminate the need for binders, excipients, coatings, or other unnecessary and potentially harmful additives. Store in a cool dry place or refrigerate. Please recycle the bottle.

*Request literature. **These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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